FEBRUARY 2024

# Preteen



# Gear Up: An adventure in kindness

Kindness is showing others they are valuable by how you treat them.



#### **MEMORY VERSE**

"You are God's chosen people.
You are holy and dearly loved.
So put on tender mercy and kindness as if they were your clothes. Don't be proud.
Be gentle and patient."
Colossians 3:12, NIrV

#### Week One

#### The Kindness of Jesus

Matthew 8:1-4, Matthew 19:13-15, Matthew 9:10-13

What does kindness look like?

#### **Week Two**

## **Ruth and Naomi**

Ruth 1-2

When is it hard to be kind?

#### **Week Three**

#### Go the Extra Mile

Matthew 5:41

When have you been surprised by kindness?

#### **Week Four**

### **Good Samaritan**

Luke 10:25-37

How can you care for people who are different from you?

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#### ENGAGE IN EVERYDAY MOMENTS TOGETHER



# **Morning Time**

As your kid starts their day, tell them about something they did or said that showed kindness. (Or maybe it was something they chose NOT to say or do.)



## **Meal Time**

At a meal this week, have everyone at the table answer this question: "What does kindness look like?"



# **Drive Time**

While on the go, ask your kid: "What is something kind you've seen someone say or do lately—even if it's online?"



## **Bed Time**

Pray for each other: "Jesus, help us to show others kindness and compassion the way that You did."

More Ways to Engage with Your Kid



Faith &
Character
Activities



Worship Song of the Month





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